## A Practical-type Approach Applying TRIZ to the Mind Field - Toward the Establishment of a TRIZ Mind Training -

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## Abstract

Comparing and selecting various tools for strengthening the problem-solving thought in the mind field such as employee training in companies, eliminating individual's worries, etc., TRIZ, which aids creative thinking, has proved useful. Psychological conflicts were cleared up following the TRIZ technique, psychological changes were predicted and the 40 Inventive Principles were applied for an approach to the creative ideal result that is not trapped by stereotypical views. As there were parts difficult to apply to the mind field with the traditional TRIZ technique only, an integration with tools which have been used in the mind field followed by optimization made it possible to establish a new field of "TRIZ Mind Training."